



The Voice of Our Fellowship

a progressive religious tradition in southeastern Idaho

*"Search for truth and meaning. Connect in beloved community.
Stand together on the side of love."*

Pocatello Unitarian Universalist Fellowship

strives to be Southeast Idaho's welcoming, open-minded religious voice for all who value spiritual inquiry and reason, and all who act for compassion and social justice.

Diverse beliefs; one dynamic faith.

Everyone is Welcome

309 N. Garfield Avenue, Pocatello
(UCC church, corner N. Garfield and Lander)
208-233-2602

Worship Services are on the first, third & fifth Sunday of each month at 4 p.m.

Traditional potluck dinner follows the third Sunday service.

Appetizer hour [linger longer] follows the first and fifth Sunday service.

Lay-led service takes place on fifth Sundays at 4 p.m.

Linger longer appetizer hour follows service.

Children's Religious Exploration (CRE)

Children's RE activities for ages 4 to 12.

Child care for toddlers and infants offered during service with pre-arrangement.

President: Jeff Shelton

Vice President: Jennifer Attebery

Secretary: Mark Neiwirth

Treasurer: Richard Feuerborn

Director at Large: Mark Roberts

Director at Large: Becky Hardy

Past President: Ann Swanson

Pastor: Jennifer Peek

Minister: minister@pocatellouu.org

President: president@pocatellouu.org

Newsletter: newsletter@pocatellouu.org

PUUF Office: office@pocatellouu.org

Website: www.pocatellouu.org

Facebook: [Pocatello Unitarian](https://www.facebook.com/PocatelloUnitarianUniversalistFellowship)

[Universalist Fellowship](https://www.facebook.com/PocatelloUnitarianUniversalistFellowship)

January's Theme:
Love

January Service Announcements

January 7 "Panikkar's Window"

How can our awareness of personal perspective impact our sense of truth? Theologian Raimon Panikkar used the window metaphor to inspire curiosity, humility, and decentering of "truth". Join us this Sunday for Pastor Jenny's reflection on 'windows' and communication. Do we live our lives in a way that assures a comfortably "familiar view", and if so, how might we stretch beyond our comfort zone?

January 21 "Call to a National Moral Revival"

One year ago, millions across the planet raised their voices in solidarity, pledging in so many ways to be a force of moral resistance. 2018 demands of us to renew this pledge. "We who believe in freedom shall not rest until it comes!" Pastor Jenny wishes to express her gratitude to our congregation and the Search Committee. Our Unitarian Universalist neighbors from Twin Falls will join us for this service, as we celebrate our common purpose as a people of faith dedicated to freedom, justice and peace.



PUUF Aspirational Covenant

"May we be a compassionate religious community built on love and justice, exploring and celebrating the mysteries of life with reason, reverence, and courageous doubt. With conscious action, we can be the change we wish to see in the world."

*"There is only one happiness in this life,
to love and be loved." – George Sand*



PUUF has been officially recognized by the UUA as a Welcoming Congregation since 2011. PUUF membership is open to Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) people, and to anyone else, regardless of religious background or ethnicity. Visit www.pocatellouu.org and see the 'About Us' page for more details.



Pastor's Corner

Ring in the New Year with shared ministry! I am very pleased to announce that PUUF is now offering Full Week Faith, an exciting and portable religious exploration program, designed to enhance family time, provide simple ways to connect our UU faith and values with daily living, and maximize accessibility for members, friends and the greater community. Full Week Faith was introduced throughout our Pacific West Region in January, 2017. The archived webinar is still accessible here: <https://www.youtube.com/watch?v=nlBDJ-WfSEI>. This curriculum offers very brief activities to try throughout the week. From blessings to stories, songs to Faith-in-Action suggestions, the briefest moments of our lives may be enriched with deeper meaning, connecting us in small yet profound ways with our Unitarian Universalist principles and values.

How to access the Full Week Faith curriculum:

For mobile devices: The GroupMe app is free and very user friendly. Search for PUUF Full Week Faith and join the group, or ask Pastor Jenny to send you an invitation. Through Facebook: Full Week Faith will be uploaded to PUUF's Forum. If you haven't already, please join the Forum. It's a great way to stay connected. Email: Full Week Faith curricula will also be available through PUUF's weekly email updates.

Here is a one-week sample of Full Week Faith: <https://drive.google.com/file/d/1NOza88AL124blfMevdI7qwV1rl7CTP/view?usp=sharing>

Hard Copy: Full Week Faith is most accessible through the online options listed above. If you would like a hard copy, please let Pastor Jenny know. Your feedback is vital! This is a very new approach to religious exploration, and your input will help make it as relevant and useful and enriching as possible! Please let Pastor Jenny know your thoughts and ideas. Thank you.

In peace,

Pastor Jenny

Religious Exploration

The Religious exploration session for January will be Sunday, January 14 with Jennifer Attebery facilitating the second of two sessions on relationships to the place we call home and the people in that place. She will be drawing material from the book by Catherine Reid, *Falling into Place: An Intimate Geography of Home*, Beacon Press, 2014.

On Sunday January 28, Becky Hardy will facilitate a discussion on prayer. This is somewhat based on the Maine Forest Service Chaplain and Ordained UU Reverend Kate Braestrup's book, *Beginner's Grace*, regarding prayer. If you are so inclined, be mindful of prayer popping up (or not) for you in the weeks ahead. Our meeting will be a time to listen, share and further explore different aspects of this classic religious topic.

Presentations/facilitations on Religious Exploration on Sundays after January 28 have not been taken yet. Two individuals have shown interest, but a date has not yet been confirmed. We have a total of 7 sessions to fill so please come with a topic you would like to discuss along with when you would like to present it.

In addition to our congregation the public is welcome and encouraged to attend any of our sessions. We meet on the second and fourth Sundays of each month at the church at 4pm till 5:30pm with light refreshments available. This is a group where your thoughts, and beliefs can be freely expressed. You are among good friends. Additional information can be obtained by calling Bob Gehrke at (208)680-4766.

Portneuf Valley Interfaith Fellowship Update

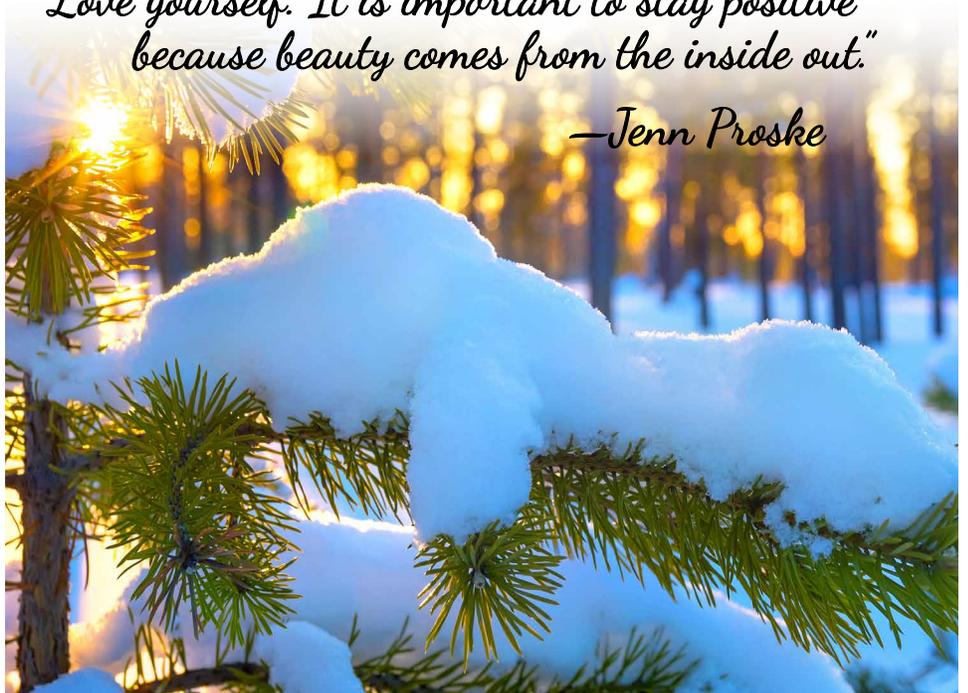
- The Alternative Gift Market collected over \$9,000, with half of it going to local organizations.
- There is a planning meeting for an Interfaith Tour for Harmony Week and Earth Day. It will be January 4th at 5 PM at Praise Temple of God, 653 N 11th Ave.
- NAMI (National Alliance for the Mentally Ill) is collecting socks (women and men) for the State Hospital in Blackfoot. There are 109 residents at the hospital. Donate new crew, ankle or 'no-show' styles only. Bring to the Pocatello Unitarian Universalist Fellowship or contact Bob Gehrke (robertjmary_7@q.com)
- The MLK Jr. Service will be January 14, 2018 beginning at 5:30 pm at the Seventh-day Adventist Church at 253 Valleyview.

Call for Supper Hosts

Please consider hosting a small potluck supper as part of a series of Meet the Minister Suppers, to be held throughout the fall and winter at intervals that fit with hosts' and Pastor Jenny Peek's schedules. Jenny looks forward to meeting over a potluck evening meal with groups of 5-7 members and friends each to hear their stories, joys, and concerns. Suppers can be set on any evening (not necessarily week-ends). To volunteer, please contact Jenny Peek (jpeek64@gmail.com) or Mark Neiwirth (neiwmark@isu.edu) providing a couple of possible days/times.

"Love yourself. It is important to stay positive because beauty comes from the inside out."

—Jenn Proske



Pacific West Regional Assembly

Plan to join attendees from 185 PWR congregations as the four districts of the Pacific Western Region convene in Portland, Oregon, April 27-29, for the 2018 Regional Assembly. Three dynamic speakers will address the theme, Stories of Hope, Courage, Resistance, and Resilience. The Rev. Dr. William Barber, a national figure in civil rights activism, will be in the pulpit for Sunday's worship service. Saturday's keynote speaker will be Congresswoman Pramila Jayapal, the first Indian-American woman to be elected to U.S. Congress.

Jayapal has spent the last twenty years working internationally and domestically as a leading advocate for women's, immigrant, civil, and human rights. The Rev. Susan Frederick-Gray, UUA president, will speak at Friday evening's opening ceremony. Frederick-Gray will share her emerging vision for the future of the UUA and the wider movement. Several workshops will be offered during Saturday's programming. If you prefer, you may opt to participate in a local social justice activity. Full details about workshops and the social justice activity will soon be posted on the Pacific Western Region website (www.uua.org/pwr).

All four districts of the Pacific Western Region will hold concurrent annual meetings on Saturday afternoon. Meeting materials and delegate information will be distributed in February/March.

If you are a minister, religious educator, or music director you will want to attend the day-long Professional Day activities on Friday, April 27. Rev. Erika Hewitt, UUA staff Minister of Worship Arts, and Dr. Glen Thomas Rideout, Director of Worship and Music at the First Unitarian Universalist Congregation of Ann Arbor,

will be presenting a workshop for religious professionals on multi-generational, multicultural worship. In addition, the Revs. Elizabeth Stevens, Emily Brault, and Susan Maginn will be presenting "From Burden to Blessing: Working with Secondary Trauma" for community-based ministers. Professional Day programming will be held at First Unitarian Church of Portland prior to the start of Regional Assembly. Registration for Friday's Professional Day will be available via the Regional Assembly registration form.

Regional Assembly registration will be open by January 4. You will be able to access full details and the registration form through the Pacific Western Region website (www.uua.org/pwr).

The Portland DoubleTree by Hilton Hotel, site of the Regional Assembly, is offering discounted room rates through March 29. You can reserve your room here. If you book through another link or by phone, be sure to use the group code, UU8. Full details will be posted on the PWR website before registration opens January 4.

PWR staff is working hard to keep registration costs low. An Early Bird adult registration fee will be available through January 31 and fees for young adults, youth, and children will be discounted. Still, could your congregation consider either subsidizing or fully funding the costs for at least one person to attend Regional Assembly? What a great opportunity for someone identified as a potential leader in your congregation!

Be sure to check the PWR website (www.uua.org/pwr) after the first of the year for full Regional Assembly details.

Stewardship Moment

Richard Feuerborn and Valez Bird have generously donated new office furniture, making the PUUF minister's office a versatile space for meetings, pastoral consultation, and meditation. Newly added to the office are a folding table and chairs for meetings, chairs and side table for a welcoming space at the office entryway, and a coat rack. Many thanks to Valez and Richard for their generous donations.

PUUF Meetup

Join our new, fun group, "Pocatello UU Meetup" through meetup.com and enjoy fellowship among friends throughout the month. Meetups are spontaneous, fun and varied ways to spend time together beyond our Sunday meetings at the church. To join the site and receive meet-up notices, go to Meetup.com and search for Pocatello UU Meetup. For more information or if you have an idea for a meet-up, talk to Jennifer Attebery, Jim Mariani, or Pastor Jenny.

Weekly Get-Together at Elmer's!

Stop by Elmer's Restaurant every Thursday evening at 6:30-8:30 pm. Join us for dinner or dessert and casual conversation. This is a wonderful opportunity for PUUF members and friends to socialize regularly, outside of church.

PUUF Website and Facebook

The PUUF website and PUUF Facebook page are updated regularly. Please go to www.pocatellouu.org and [Facebook at Pocatello Unitarian Universalist Fellowship](https://www.facebook.com/PocatelloUnitarianUniversalistFellowship) to keep up with what's happening in our congregation!



*"There is no love without forgiveness,
and there is no forgiveness without love."*

—Bryant H. McGill

Upcoming Pocatello Film Society Movies



Sunday, January 7

"Stronger" plays at 4:30 & 7pm. In this Hollywood Film Award winner, Jake Gyllenhaal and Tatiana Maslany star in the inspiring real life story of Jeff Bauman, an ordinary man who

captured the hearts of his city and the world to become a symbol of hope after surviving the 2013 Boston Marathon bombing and the girlfriend who stood by his side. (Rated R)



Sunday, January 14

"Marshall" plays at 4:30 & 7pm. Chadwick Boseman and Josh Gad star in this true story about young Thurgood Marshall, before he became the first African-American Supreme Court

Justice, as he battles through one of his career-defining cases. (Rate PG-13)



Sunday, January 21

"Battle of the Sexes" plays at 4:30 & 7pm. Oscar winner Emma Stone and Steve Carrell star in this true story of the 1973 tennis match between World number one Billie Jean King and

ex-champ and serial hustler Bobby Riggs. "An exhilarating movie propelled by two mesmerizing star performances," writes the New York Observer. (Rated PG-13)



Sunday, January 28

"Goodbye Christopher Robin" plays at 4:30 & 7pm. This British Film Award winner takes a behind-the-scenes look at the turbulent life of author A.A. Milne and the creation of the

Winnie the Pooh stories inspired by his son Christopher Robin's many adventures. (Rated PG)

All shows are at the ISU Bengal Theater. Admission is \$2 for the public or free for ISU students with Bengal ID unless otherwise stated. Trailers and more information on these and other upcoming Pocatello Film Society movies are online at www.pocatellofilmsociety.com.

Heartland Wellness Center & Wholehealth Cooperative Coming Events

WholeHealth Cooperative will host an Open Community Healing Circle on January 15th from 6-8:30 PM and a Community Drum Circle and Coyote Market on January 26th @ 5:30 PM. Kundalini Yoga is on Mondays @ 7pm, \$11, 2704 Via Valdarno, 479-2255. Trauma Sensitive Yoga is offered on Tuesdays at Family Services Alliance @ 5:30pm. Crete Brown book signing January 5th 5:30-7:30pm @Walrus and Carpenter. Bear River Massacre Memorial Honoring Car Caravan leaves at 9am on January 29th. For details contact Crete Brown at 251-2400. The Wholehealth Cooperative is located at 303 N 12th Ave, in Pocatello.

Pocatello's Second Saturday Contra Dance

The Contra dance will be held in Pocatello at 7:30 pm in the UCC church, 309 N. Garfield (behind Pocatello High School). Dancing will be the 2nd Saturday of each month and continue through May.

The beginners' session at 7:30pm is highly recommended for those unfamiliar with this simple, fun, social dance form. The dance is sponsored in part by the Pocatello Unitarian Universalist Fellowship. Admission is \$6 per person (suggested donation). New dancers are always welcome!

Contact Kristi at (208) 523-3847 or austkris@isu.edu for more information. See our "News & Events" page on the www.pocatellouu.org website for updates.

Pastor Jenny's Office Hours

Office Hours:

Tuesdays 8-11:30am & Wednesdays 1-4:30pm.

Weekly Get-Together: Thursdays 6:30-8:30pm at Elmer's Restaurant. Food & Fellowship!

Community Hours: Fridays 9-10:30am at The College Market Cafe, Chat over tea or coffee.

Personal Sabbath begins every Sunday 9pm and ends Tuesday 8am.

Pastoral emergencies will be responded to as quickly as possible. All other communications will be responded to during Tuesday office hours, in the order they are received.

Portneuf Sangha

Portneuf Sangha is located at 424 W Lewis. They offer meditation practice and programs about Buddhism, meditation, and applying the teachings of the Buddha in everyday life. Please visit their website for days, times, or questions:

www.portneufsangha.org or call or email Tony & Paula Seikel: 208-775-3183 (home number), seikel@ida.net

Interested in Joining PUUF?

If you are on a life-long spiritual journey; if the UU worship style suits your needs; if you enjoy UU programs such as worship services, Children's RE, and workshops; and if you care about a liberal religious voice in Southeastern Idaho, you may be interested in becoming a PUUF member. For more information: membership@pocatellouu.org or 208-851-0842.

*"Where there is love there is life."
— Mahatma Gandhi*

